



# SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

Central Connecticut State University is dedicated to making sure all students have access to all the resources they need, including food aid. The [Department of Social Services Supplemental Nutrition Assistance Program \(SNAP\)](#) is a resource Central students may qualify for.

Formerly known as food stamps, SNAP is a government program offering low-income families vital nutrition assistance. SNAP is run by the USDA Food and Nutrition Service (FNS) through local offices and guarantees that essential nutritional support is accessible.

Central strives to ensure students get the help they need. However, [state-specific SNAP benefits vary](#).

Connecticut SNAP benefits are not managed by Central.

In addition to providing you with information on SNAP benefits, Central offers other support services such as food pantries, meal swipe programs, and financial literacy counseling that helps students manage their finances, work on a budget, and secure other resources effectively.

## STATE INFORMATION per applicant location:



## ELIGIBILITY REQUIREMENTS:

Students must meet certain net and gross income requirements. Net income limits are applicable to households with elderly or disabled members.

## APPLY:

Check Eligibility: Use the online SNAP eligibility pre-screening tool on the Connecticut Department of Social Services website to see if you qualify.



## DEPARTMENT OF SOCIAL SERVICES

Making a difference