

College of Health and Rehabilitation Sciences

Department of Physical Education and Human Performance

Exercise Science Professional Program Information

Undergraduate applicants seeking admission to the exercise science program are required to submit a complete application on Task Stream and meet all specific requirements listed below. Acceptance to the professional program is typically completed by the second semester sophomore year.

REQUIREMENTS FOR ADMISSION:

- Completion of 45 credits (15 credits at CCSU).
- Cumulative grade point average (GPA) of 2.50.
- Department grade point average (GPA) of 2.70.
- Successful completion of EXS 109 Introduction to Human Performance, plus 7 additional credits of EXS courses. Courses must be completed before full admission will be granted.
- Two letters of recommendation from persons who can best assess the candidate's potential.
- The presentation of an essay demonstrating command of the English language, citing reasons for wanting to enroll in the program, and emphasizing experiences related to exercise science.
- An interview with the Physical Education Department Screening Committee, which is conducted AFTER the application is submitted.

NOTE: The Physical Education department reserves the right to seek recommendations from faculty concerning candidates for admission.

APPLICATION DEADLINE

Fall Semester: September 10

Spring Semester: February 10

